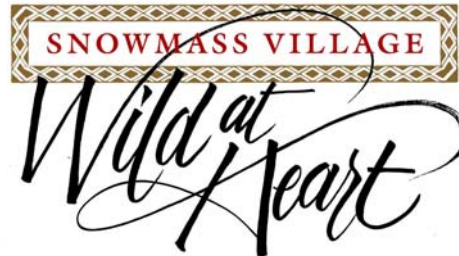


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*A Natural History Guide
Dedicated to Snowmass, Aspen
And the Maroon Bells Wilderness*

What People Are Saying:

Wild at Heart is a beautifully written and thoroughly researched natural history guide to the Southern Rocky Mountains. Author and photographer Janis Huggins, has crafted a book that artfully blends solid information on the plants, animals, and birds of the region with intriguing lore and observation. Laced with poetry and prose, illustrated with excellent drawings and photographs, and designed with the intent to inspire a broad spectrum of curious naturalists, every page contains useful and fascinating information. Although dedicated to the Snowmass/Aspen area, this book is a must for any resident or visitor to Colorado who would like to learn more about native plants and wildlife. *Wild at Heart* is by far the most comprehensive, thoughtful, and well-designed field guide available for the Colorado Rockies.

-- ***Katherine Darrow, naturalist and author of Wild About Wildflowers: Extreme Botanizing in Crested Butte, Colorado***

“Much more than a field guide, *Wild at Heart* is a carefully crafted trail map for those seeking a sense of place in the upper Roaring Fork Valley. Janis Huggins and Snowmass Village should be applauded for going the extra mile to bring us such a useful resource.”

-- ***Tom and Jody Cardamone, Aspen Center for Environmental Studies***

“From anecdotes about early Native American usage and their respect for the beauty that surrounds us in this upper Roaring Fork Valley, to our own knowledge, use and preservation of the same, this book is a treasure trove for all to read and re-read.”

-- ***Jeanne Beaudry, Executive Director, Roaring Fork Conservancy***



“I’ve found myself intoxicated for 35 years by the grandeur of the Roaring Fork Valley and its backdrop the Maroon Bells-Snowmass Wilderness. Nowhere else does the organic and inorganic juxtapose as conspicuously: Craggs and spires, rock and ice make dramatic contrast to the fecundity of flora and fauna that grow greener and taller, fatter and faster. And the chromatic thing—red sandstone decorates complementary green meadows like no other place on earth. Thank Goodness for a book that explains the sublimeness!”

-- John Fielder, Colorado nature photographer and author of *Mountain Ranges of Colorado*

“You don’t live with people without learning a lot of intimate details. How they like their coffee? Where do they go for peace and quiet? What kind of sneakers do they wear? You also wouldn’t live in a country without understanding its constitution. But too often we’ll run a business, raise families, grow up and old in an ecosystem without really understanding what makes it tick. We are better community members and business people if we understand how we fit – or don’t fit—into the landscape. Think of this book as a guide to high alpine citizenship, or the shared journal of an old friend.”

-- Pat O’Donnell, President/CEO, Aspen Skiing Company

“It’s so enjoyable to find a natural history book that is comprehensive, authoritative and also fun to read. Beyond its obvious uses as a reference and learning tool, *Wild at Heart* is great for delving into at random. With all the interesting information about each species it makes great table reading for the solitary diner!”

--David Hiser, photographer for East of Aspen

“The author of *Wild at Heart* takes us by the hand and guides us through nature’s fields of color, form and function with a startling tenderness. She gives us a presence in nature that becomes suffused with wonder, knowledge and a profound sense of stewardship. Her words invite us to experience a variety of ecosystems with curiosity, joy and a clear understanding of the interrelationships of living things in each environment. *Wild at Heart* is a rare book, indeed, that guides us towards a more responsible participation in the natural world.”

--Tricia Nichols, Trustee The Nature Conservancy

“As a fellow research writer and guide book author, I value Janis Huggins for her focus, commitment and unwavering belief in *Wild at Heart*. She has produced a true opus for naturalists eager to explore the full scope of the natural world at Snowmass and beyond. Open this book and find nature at your fingertips.”

--Paul Andersen, Author of East of Aspen